



# Mississauga Halton Diabetes Services Referral Form

PHONE # 1-855-223-6847 FAX # 905-338-0442 (Toll Free fax:1-855-338-0442)

To submit referrals online, visit [www.mhcentralintake.com/eReferral](http://www.mhcentralintake.com/eReferral)

★ **Patient Information**     **Adult**     **Pediatric** (<18 Years)

Last name: \_\_\_\_\_ First name: \_\_\_\_\_  Male  
 Female

DOB(dd/mm/yyyy): \_\_\_\_\_ OHIP#: \_\_\_\_\_ Preferred language: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

**PRIORITY OF REFERRAL** (See reverse for Guidelines)     **Urgent**     **Semi-Urgent**     **Non-Urgent**

**Reason For Referral:**  
\_\_\_\_\_  
\_\_\_\_\_

**Patient Preferred Program:**  
Refer to Chronic Disease Self Management Program (Maximize Your Health)     Yes     No

★ <b>Diabetes Diagnosis</b>		<b>Duration In Years</b> <input type="checkbox"/> <b>New</b> <input type="checkbox"/> <b>1-5</b> <input type="checkbox"/> <b>6-10</b> <input type="checkbox"/> <b>10+</b>			
<input type="checkbox"/> Type 1	<input type="checkbox"/> Steroid-Induced	<input type="checkbox"/> Gestational Diabetes	Please attach blood work		EDC: (dd/mm/yyyy )
<input type="checkbox"/> Type 2	<input type="checkbox"/> Pre-diabetes	<input type="checkbox"/> Newly Diagnosed GDM	<input type="checkbox"/> Repeat GDM		
<input type="checkbox"/> GDM		<input type="checkbox"/> Pre-existing Pre-Diabetes	<input type="checkbox"/> Pre-existing Type 2	<input type="checkbox"/> Pre-existing Type 1	
<b>Delivery Hospital:</b> THP: <input type="checkbox"/> CVH <input type="checkbox"/> MH    HHS: <input type="checkbox"/> GH <input type="checkbox"/> MDH <input type="checkbox"/> OTMH					

**Complications and Risks**     **None**

<input type="checkbox"/> Hypertension	<input type="checkbox"/> Dyslipidemia	<input type="checkbox"/> PVD	<input type="checkbox"/> CVD	<input type="checkbox"/> Neuropathy	<input type="checkbox"/> CKD	<input type="checkbox"/> Retinopathy	<input type="checkbox"/> Other (Please Specify)
<input type="checkbox"/> Cognitive Impairment	<input type="checkbox"/> Depression	<input type="checkbox"/> Substance Abuse	<input type="checkbox"/> Smoker	<input type="checkbox"/> Speech Impairment	<input type="checkbox"/> Obesity	<input type="checkbox"/> Mobility Impairment	

★ **Assessment Data**     **Lab Results Attached**

<b>Date of Lab Findings</b> (dd/mm/yyyy )	FBG	★ <b>A1C</b>	LDL	eGFR	ACR
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★ **Current Medications** Please provide (name/dose/frequency)     **List attached**     **No Diabetes Medications**  
\_\_\_\_\_  
\_\_\_\_\_

**HOSPITAL USE ONLY: IS THIS PATIENT BEING DISCHARGED FROM A HOSPITAL?**  
 No     Yes     Inpatient     Emergency  
Hospital Site THP:  CVH  MH    HHS:  GH  MDH  OTMH

**Family Physician:**     **The client does NOT have a primary care physician**

★ **Referral Source Information:**  MD  NP  Self  MDT  Pharmacist  Other \_\_\_\_\_

Print Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Fax: \_\_\_\_\_

Referral Date: \_\_\_\_\_

**Signature Required for any of the Following:**

Insulin Initiation by RN and/or RD ( Must be accompanied by completed Insulin prescription form )

Is the patient currently seeing an endocrinologist?     No     Yes, Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Billing #: \_\_\_\_\_

★ **INDICATES INFORMATION REQUIRED TO PROCESS REFERRAL**

# Guidelines for Referral

## URGENT

- Uncontrolled Diabetes
  - BG > 20mmol/L
  - Ketonuria > 1.5mmol/L
  - A1c >13%
- Recent Treatment For:
  - Diabetic ketoacidosis
  - Severe hypoglycemia
  - Nonketotic hyperosmolar hyperglycemia
- Newly Diagnosed Type 1
- Inpatient / Emergency Admission Follow-up
- Steroid Induced (escalating blood sugars)
- Pediatric ( $\leq 18$  yr)

## SEMI-URGENT

- A1c 11-13%
- Pregnancy with Pre-existing DM
- Gestational DM
- Steroid Induced (new diagnosis)

## NON- URGENT

- Pre-Diabetes
- Type 2
- Insulin Pump
- Type 2 insulin initiation
- Type 1 Follow-up

## CENTRE FOR COMPLEX DIABETES CARE (CCDC)

- Pre existing & uncontrolled diabetes (A1C>9%) **AND** 1 or more conditions that negatively impact glycemic control
- Recurrent ER visits or hospitalizations for DKA, severe hypoglycemia, or non-ketotic hyperosmolar hyperglycemia
- Complex medical and/or psychosocial conditions that negatively impact diabetes self-care regardless of A1C (e.g. renal failure/dialysis, CHF, malignancy, COPD, severe persistent mental health or cognitive concerns, financial stress, difficulty accessing care)
- Non-healing diabetic ulcer/wound (or at high risk of developing)

*Patients who do not meet the referral criteria will automatically be referred to the local Diabetes Education Program*

## INSULIN ORDERS

- Complete and attach Canadian Diabetes Association Insulin Prescription Form for insulin initiation orders
- Obtain CDA Insulin Prescription form: [www.guidelines.diabetes.ca](http://www.guidelines.diabetes.ca)

## Diabetes Services in Mississauga-Halton Region

	Credit Valley FHT	Diabetes Management Centre (Mississauga Hospital)	Halton Diabetes Program (Oakville, Milton, Georgetown, Burlington)	LMC Diabetes & Endocrinology	East Mississauga CHC	Centre for Complex Care (Halton, Mississauga)
Type 1		•	•	•		•
Type 2	•	•	•	•	•	•
Pre-Diabetes	•	•	•	•	•	
Pediatric Transition Program		•				
Diabetes in Pregnancy		•	•			
Lifestyle	•	•	•	•	•	•
Oral Agents	•	•	•	•	•	•
Insulin	•	•	•	•	•	•
Insulin Pump		•	•	•		•
Inter-Disciplinary Team		•	•	•	•	•
Endocrinologist on-site		•	•	•		
Extended Hours	•	•	•		•	•
French	•					
Other Languages		•	•	•	•	•

## Mississauga-Halton Central Intake Program

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