

Standards for Access to Diabetes Education

Mississauga Halton Region

Please note that the following are guidelines only subject to clinical judgement of the individual situation and program standards!

Urgent (within 48 hours)

- Uncontrolled diabetes (BG>20 / Ketonuria>1.5)
- A1C > 13.0 %
- Newly diagnosed Type 1 Diabetes
- Recent treatment for DKA (diabetic ketoacidosis) or HHS (hyperosmolar hyperglycemic state)
- Steroid therapy with pre-existing diabetes
- Chronic Kidney Disease with poorly controlled diabetes & requiring insulin therapy
- Steroid-induced Diabetes with escalating patterns of blood sugar
- ER discharge with hypoglycemia
- Crisis that drastically affect individuals ability to manage their diabetes
- Inpatient/ ER discharge with unstable blood sugar patterns
- Repeated episodes of hypoglycemia
- Diabetic Foot ulcer - skin breakdown, lesions, signs of infection

Semi-Urgent (within 1-2 weeks) - Second level clinical triage recommended

- Gestational Diabetes (new onset)
- Pregnancy with pre-existing Diabetes
- Inpatient/ER discharge with stable blood sugars
- Uncontrolled Type 2 Diabetes with multiple co-morbidities
- A1C of 11-13%

Non-Urgent (within 2-4 weeks)

- Type 2 Diabetes
- Type 2 Diabetes insulin initiation
- Established diagnosis for Type 1 Diabetes
- Insulin Pump Therapy
- Pre-Diabetes education
- Transition to from Pediatric to Adult Program
- Pre-conception counselling with pre-existing diabetes