

Standards for Access to Diabetes Education – Adult

Regional Guidelines

Subject to clinical judgement based on clinical indicators and program standards

Urgent (within 1 week)

- Hyperglycemia (symptomatic, metabolic decompensation, A1C >13 or BG >20 without recent change to/initiation of medications)
- Newly diagnosed Type 1 Diabetes
- Unclear diagnosis Type 1 vs Type 2 (rapid metabolic decompensation)
- Recent discharge from ED/inpatient care with unstable blood glucose levels
- Steroid-therapy induced or exacerbated diabetes with escalating blood glucose patterns
- Repeated episodes of hypoglycemia (without recent change to medications)

Semi-Urgent (within 3 weeks)

- A1C of 11-13%
- Steroid-therapy induced or exacerbated diabetes with stable blood glucose patterns
- Recent discharge from ED/inpatient care related to diabetes with stable blood glucose levels
- Pre-conception counselling (actively trying to conceive, require medication change/initiation)
- Diabetes in Pregnancy

Non-Urgent (within 12 weeks)

- Type 2 DM (new, insulin initiation, pump therapy, transfer of care)
- Type 1 DM (pre-existing, pump therapy, transfer of care)
- Pre-Diabetes education
- Pre-conception planning
- Diabetes in Pregnancy- Postpartum follow up
- Transition from Pediatric to Adult Program