

Mississauga Halton Adult Diabetes Services Referral Form

For Access to Diabetes Education Programs and the Centre for Complex Diabetes Care

Phone (905) 338-2983

Fax (905) 338-0442

www.mhcentralintake.com

* Patient Demographics

Last name: _____ First name: _____ Gender: _____
DOB(dd/mm/yyyy): _____ OHIP#: _____
Phone: _____ Email: _____
Address: _____ City/Town: _____ Postal Code: _____
Preferred language: _____ Interpreter Needed: Yes No

Priority (See reverse for Guidelines) Urgent Semi-Urgent Non-Urgent

*Reason For Referral:

Insulin Initiation by RN and/or RD (Attach completed Diabetes Canada Insulin prescription form/EMR Rx)

***Diabetes Diagnosis** Type 2 Type 1 Pre-diabetes Steroid-Induced

Duration: New 1-5 Years 6-10 Years 10+ Years

Diabetes in Pregnancy

GDM in current pregnancy
 Pregnancy with Pre-existing Pre-Diabetes
 Pregnancy with Pre-existing Type 2
 Pregnancy with Pre-existing Type 1

Planned Place of Birth

Trillium Health Partners: Credit Valley Mississauga
Halton Healthcare: Georgetown Milton Oakville
Other: _____
Due Date (dd/mm/yyyy) _____

Medical History

Dyslipidemia Retinopathy Tobacco use PVD CKD CVD Other: _____
 Hypertension Neuropathy Obesity Mental Illness _____

Barriers to Education/Self Management

Cognitive Concerns Problematic Substance use Hearing Impairment Vision Impairment
 Other: _____

Assessment Data Lab Results Attached

Date of Lab (dd/mm/yyyy) _____ *A1C _____ FBG _____ eGFR _____

***Current Medications** Please provide (name/dose/frequency) List attached No Diabetes Medications

Is the patient currently seeing an Endocrinologist (visit within last 12 months)?

No Yes **Endocrinologist Name:** _____ *PLEASE ATTACH MOST RECENT CONSULT NOTE

Recent hospitalization/ED visit related to Diabetes? Yes **Hospital:** _____ **Discharge date:** _____

Primary Care Provider: _____ Patient does **NOT** have a PCP

I hereby authorize the following:

- Patients may receive consult with an affiliated endocrinologist as appropriate (see reverse for criteria)
- Point of Care testing (blood/ketone) to be performed by a diabetes educator

***Referring Provider Name:** _____ MD NP Other: _____

Address: _____ **Phone:** _____ **Fax:** _____

Signature: _____ **Billing #:** _____ **Date:** _____

Standards for Access to Diabetes Education - Adult Regional Guidelines

Subject to clinical judgement based on clinical indicators and program standards

Urgent (within 1 Week)

- Hyperglycemia (symptomatic, metabolic decompensation, A1C >13 or BG >20 without recent change to/initiation of medications)
- Newly diagnosed Type 1 Diabetes
- Unclear diagnosis Type 1 vs Type 2 (rapid metabolic decompensation)
- Recent discharge from ED/inpatient care with unstable blood glucose levels
- Steroid-therapy induced or exacerbated diabetes with escalating blood glucose patterns
- Repeated episodes of hypoglycemia (without recent change to medications)

Semi-Urgent (within 3 weeks)

- A1C of 11-13%
- Steroid-therapy induced or exacerbated diabetes with stable blood glucose patterns
- Recent discharge from ED/inpatient care related to diabetes with stable blood glucose levels
- Pre-conception counselling (actively trying to conceive, require medication change/initiation)
- Diabetes in Pregnancy

Non-Urgent (within 12 weeks)

- Type 2 DM (new, insulin initiation, pump therapy, transfer of care)
- Pre-Diabetes education
- Pre-conception planning
- Diabetes in Pregnancy- Postpartum follow up
- Transition from Pediatric to Adult Program

Endocrinology Consult Criteria

The Diabetes Programs may utilize the following criteria to facilitate consult with their affiliated endocrinologist as part of the patient's diabetes management plan:

- Type 1 Diabetes, diagnosis clarification, pediatric transition
- Inpatient/ER discharge for unstable blood glucose pattern, DKA, HHS
- Glucocorticoid induced hyperglycemia
- Type 2 Diabetes - uncontrolled diabetes despite treatment, A1C>11%, and/or repeated hypoglycemia events
- Diabetes in pregnancy and pre-conception counselling

Insulin Initiation Orders

- Complete and attach Diabetes Canada Insulin prescription form/EMR Rx
- Obtain Insulin Prescription from: www.mhcentralintake.com

For Self Management Workshops & Webinars

Visit www.maximizeyourhealth.ca